

Disaster Preparedness Kit Checklist

Items	Notes
Essential items	
<input type="checkbox"/> Water	Include at least one gallon of water per household member per day.
<input type="checkbox"/> Food	Select foods that are non-perishable and require little or no preparation. Add a can opener to your kit if you include canned foods.
<input type="checkbox"/> Flashlights and batteries	Include at least one flashlight for each family member.
<input type="checkbox"/> Battery-powered or hand crank radio	Include extra batteries if the radio uses them.
<input type="checkbox"/> First aid kit	You can purchase one of these or assemble one yourself.
<input type="checkbox"/> Medications	Include both prescription medications and OTC pain relievers and allergy medications.
<input type="checkbox"/> Plastic sheeting, duct tape, and masks	These supplies enable you to shelter in place, patch broken windows, and build impromptu shelters.
<input type="checkbox"/> Toilet paper	It might be nice to include rapid dissolve toilet paper, but regular will work just fine.
<input type="checkbox"/> Paper towels	These are useful for first aid, hygiene, and cleanup.
<input type="checkbox"/> Alcohol-based hand sanitizer	Choose a sanitizer that contains at least 60% alcohol.
<input type="checkbox"/> Feminine hygiene products	These are useful for their obvious purpose as well as for first aid.
<input type="checkbox"/> A small bucket with plastic bags and ties	These can serve as an impromptu toilet.
<input type="checkbox"/> Toothbrushes and toothpaste	These aren't essential for survival, but you'll sure feel better with them!
<input type="checkbox"/> Soap	Consider including a bottle of liquid soap. It is easier to store than a partially used bar.
<input type="checkbox"/> Latex or nitrile gloves	These are useful for first aid and hygiene.
<input type="checkbox"/> Baby items	Include diapers and wipes. Include formula and bottles if an infant is formula fed.
<input type="checkbox"/> Cell phone and charger	You will likely have your phone with you when disaster strikes, but it is wise to keep a charger in the kit at all times so you don't have to track one down.
<input type="checkbox"/>	
<input type="checkbox"/>	
Auxiliary items	
<input type="checkbox"/> Cash	Include small denominations.
<input type="checkbox"/> Basic tools	Include at least a pair of work gloves, hammer, pliers, wrench, multi-head screwdriver, and a small ax or hacksaw.
<input type="checkbox"/> Emergency contact info and important documents	Keep these documents in a watertight container.
<input type="checkbox"/> Maps	Include maps of your city and surrounding areas.
<input type="checkbox"/> Blankets and/or a battery-powered fan	Include these as is appropriate for the local climate.
<input type="checkbox"/> Disposable dishes	Disposable dishes eliminate the need for extra water to wash non-disposable dishes.
<input type="checkbox"/> Entertainment items	Include small items that do not require batteries (e.g., cards, puzzle books, Crayons).
<input type="checkbox"/> Whistle	Consider including one for each family member.
<input type="checkbox"/>	
<input type="checkbox"/>	

Experts recommend that you stock your emergency kit with enough supplies to care for your household for a *minimum* of three days.