

Month-by-Month Buying Guide *{when to find the best prices on a variety of items}*

January	February	March	April
<ul style="list-style-type: none"> Wrapping paper, cards, and decorations on clearance after Christmas Fitness equipment (e.g., treadmills, free weights, athletic shoes) Cold and flu medications Vitamins Bedding and linens Swimwear Toys TVs Winter clothing "Diet" foods (e.g., low-fat snacks, granola bars, yogurt) Game day foods (e.g., chips, crackers, cheese, soda pop) 	<ul style="list-style-type: none"> Candy, chocolate, and cards on clearance after Valentine's Day Fitness equipment (e.g., treadmills, free weights, athletic shoes) Humidifiers Indoor furniture Canned foods Foods to celebrate Chinese New Year (e.g., soy sauce, noodles) Seasonal produce* 	<ul style="list-style-type: none"> Green clothing, foods, and decorations on clearance after St. Patrick's Day Digital cameras Humidifiers Small consumer electronics (e.g., MP3 players, DVD and Blu-ray players) TVs Winter sports gear Cleaning supplies Frozen foods Seasonal produce† 	<ul style="list-style-type: none"> Candy, baskets, and spring decorations on clearance after Easter Computers Digital cameras Lawn mowers Spring clothing "Green" products (e.g., reusable grocery sacks, energy-efficient light bulbs) Baking supplies Seasonal produce‡
May	June	July	August
<ul style="list-style-type: none"> Chocolate, flowers, and craft items on clearance after Mother's Day Athletic apparel and shoes Camping and outdoor gear Carpeting Lawn mowers Small consumer electronics Foods to celebrate Cinco de Mayo (e.g., tortillas, meats, spices) Foods for summer picnics and barbecues (e.g., meats, chips, dips, soda pop, condiments) Seasonal produce† 	<ul style="list-style-type: none"> Ties, t-shirts, tools, and aftershaves on clearance after Father's Day Camcorders Carpeting Computers Indoor furniture Small consumer electronics Summer sports gear Swimwear Dairy products Foods to celebrate Independence Day (e.g., meats, chips, dips, soda pop, condiments) Seasonal produce§ 	<ul style="list-style-type: none"> Disposable dishes, tablecloths, and patriotic decorations on clearance after Independence Day Camcorders Indoor furniture Outdoor furniture Swimwear Ice cream Foods to celebrate Independence Day (e.g., meats, chips, dips, soda pop, condiments) Seasonal produce§ 	<ul style="list-style-type: none"> Swimsuits, sunscreens, insect repellants, flip-flops, and camping gear on clearance from summer Air conditioners Backpacks and school supplies Facial tissues Hand sanitizer Dehumidifiers Outdoor furniture Snow blowers Foods for packing lunches (e.g., juice boxes, sliced cheese)
September	October	November	December
<ul style="list-style-type: none"> Swimsuits, sunscreens, insect repellants, flip-flops, and camping gear on clearance from summer Backpacks and school supplies Bikes Digital cameras Gas grills Lawn mowers Shrubs, trees, and perennials Small consumer electronics Snow blowers Seasonal produce# 	<ul style="list-style-type: none"> Bikes Computers Digital cameras Gas grills Lawn mowers Winter coats Baking supplies Seasonal produce# 	<ul style="list-style-type: none"> Candy, costumes, and decorations on clearance from Halloween Baby products Bikes Camcorders Gas grills GPS navigators Toys TVs Foods to celebrate Thanksgiving (e.g., turkeys, baking supplies, broths, yams) Seasonal produce# 	<ul style="list-style-type: none"> Wrapping paper, cards, and decorations on clearance after Christmas Bikes Camcorders Gas grills GPS navigators Home appliances, large and small Small consumer electronics Toys TVs Foods to celebrate Christmas (e.g., hams, potatoes, baking supplies) Seasonal produce*

Note. Numerous fruits and vegetables are in season throughout the year (e.g., apples, avocados, bananas, bell peppers, back-eyed peas, bok choy, cabbage, carrots, celery, cherry tomatoes, coconut, lemons, lettuce, mushrooms, olives, onions, potatoes, rutabagas, snow peas, wasabi, and yucca).

*Fruits and vegetables in season during the *winter* include Brussels sprouts, clementines, collard greens, dates, grapefruit, kale, kiwi, leeks, mandarin oranges, oranges, passion fruit, pears, persimmons, pomelo, red currants, sweet potatoes, tangerines, and turnips.

†Fruits and vegetables in season during the *spring* include apricots, artichokes, asparagus, broccoli, collard greens, corn, fava beans, fennel, green beans, honeydew, jackfruit, limes, lychees, mangoes, morel mushrooms, mustard greens, oranges, peas, pineapples, rhubarb, snow peas, spinach, strawberries, Swiss chard, and watercress.

§Fruits and vegetables in season during the *summer* include Anaheim peppers, apricots, Armenian cucumbers, Asian pears, cherries, beets, bell peppers, blackberries, blueberries, boysenberries, cantaloupe, casaba melons, corn, cucumbers, eggplants, elderberries, figs, garlic, grapefruits, grapes, green beans, hearts of palm, honeydew, jackfruit, jalapenos, key limes, lima beans, lychees, nectarines, okra, passion fruit, peaches, peas, plums, radishes, raspberries, strawberries, summer squash, tomatoes, watermelons, and zucchini.

#Fruits and vegetables in season during the *fall* include acorn squash, cherries, broccoli, Brussels sprouts, butternut squash, cauliflower, cranberries, garlic, ginger, grapes, guavas, hearts of palm, huckleberries, jalapenos, kohlrabi, kumquats, passion fruit, pears, persimmons, pineapples, pomegranates, pumpkin, quince, sweet potatoes, Swiss chard, and turnips.

Sources: Consumer Reports (<http://www.consumerreports.org>), Wise Bread (<http://www.wisebread.com>), and Fruits & Veggies More Matters (<http://www.fruitsandveggiesmorematters.org>).