

Disaster Preparedness Kit Checklist

Item	Notes
<input type="checkbox"/> Water	Include at least one gallon of water per household member per day. Include extra water for pets.
<input type="checkbox"/> Food	Select foods that are non-perishable and require little or no preparation. Add a can opener to your kit if you include canned foods.
<input type="checkbox"/> Flashlights and batteries	Include at least one flashlight (with spare batteries) for each family member. Consider including a battery-powered lantern and headlamps.
<input type="checkbox"/> Emergency radio	Choose a radio that can utilize various power sources (battery, solar, and crank).
<input type="checkbox"/> First aid kit	You can purchase one of these or assemble one yourself.
<input type="checkbox"/> Medications	Keep a <i>minimum</i> of a seven-day supply of prescription medications on hand. If you have refrigerated medications, have a plan for how to keep them cool.
<input type="checkbox"/> Plastic sheeting, duct tape, and masks	These supplies enable you to shelter in place, patch broken windows, and build impromptu shelters.
<input type="checkbox"/> Hygiene items	Have a bucket (with or without a seat), plastic bags, and toilet paper for going potty when there is no running water. Additionally, include alcohol-based hand sanitizer, tampons/pads, wet wipes, toothbrushes/toothpaste, soap, and disposable gloves.
<input type="checkbox"/> Baby items	Include diapers and wipes. Also include formula if baby drinks this.
<input type="checkbox"/> Cell phone charger	You will likely have your phone with you when disaster strikes, but it is wise to keep a charger in the kit at all times so you don't have to track one down.
<input type="checkbox"/> Basic tools	Include a pair of work gloves, hammer, pliers, wrench, multi-head screwdriver, and a small ax or hacksaw.
<input type="checkbox"/> Cash	Local businesses may be unable to process credit or debit cards, so include some cash (try to include a variety of denominations and coins).
<input type="checkbox"/> Emergency contact information and important documents	Store these documents in a watertight container so they are less likely to be damaged in flood waters or rain.
<input type="checkbox"/> Maps	Include local and regional maps.
<input type="checkbox"/> Blankets and/or a battery-powered fan	Select appropriate blankets and fans for your climate.
<input type="checkbox"/> Whistle	Consider including a whistle for each family member.
<input type="checkbox"/> Disposable dishes	Disposable dishes eliminate the need for extra water to wash regular ones.
<input type="checkbox"/> Entertainment items	Include small items that don't require batteries (e.g., cards, books, crayons).
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

Experts recommend that you stock your emergency kit with enough supplies to care for your household for a *minimum* of three days.